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LIFESTYLE / FASHION AND SHOPPING

Where to buy ready-to-grill meat and fish on Long Island

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Now that it's well into grill season, you may have tired of burgers and steaks. But there's an easy solution to that fatigue: Meats and fish that have been cut, trimmed and marinated and need only to be thrown on the grill. Most Long Island butchers do brisk business in ready-to-grill meats, and fishmongers are increasingly offering marinated steaks, fillets and kebabs. Here are some favorites:

MEAT

PRIME TIME BUTCHER

8045 Jericho Tpke., Woodbury; 516-921-6519; orderprimetime.com

Lou Kreitzman's customers appreciate Prime Time's wide range of mistake-proof grilling options. In warm weather, he has trouble keeping "turkey London broil" (\$9.98 a pound) in stock. Kreitzman trims whole turkey breasts into neat, even loaves and marinates them in spices, doctored teriyaki, apricot-plum and honey-mustard.