

# PREPARED FOODS

FROZEN MENU

## APPETIZERS

VEGETABLE EGG ROLLS  
COCKTAIL FRANKS  
LARGE SPRING ROLLS  
BEEF & TURKEY SLIDERS

## ENTREES

BEEF OR TURKEY SWEET & SOUR MEATBALLS  
MINI TURKEY MEATBALLS  
CHICKEN POT PIES  
TURKEY OR BEEF BRISKET  
GRILLED CHICKEN  
POPCORN CHICKEN  
GRILLED CHICKEN PARMESAN  
CORNFLAKE CHICKEN CUTLETS  
CORNFLAKE CHICKEN TENDERS  
GRILLED CHICKEN TENDERS  
CHICKEN CUTLET PARMESAN  
BAKED EGGPLANT PARMESAN OR MARINARA  
BAKED EGGPLANT ROLLATINI WITH SPINACH  
CHICKEN MARSALA MEATBALLS

## VEGETABLE BURGERS

SPINACH BURGERS  
QUINOA BURGERS

## SOUP

CHICKEN  
CHICKEN WITH NOODLES  
HEARTY CHICKEN  
SPLIT PEA  
MUSHROOM BARLEY  
LENTIL